

Competition Pool Schedule - February 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:00-8:00PM	2 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:00-8:00PM	3 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:00-8:00PM	4 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:00-8:00PM	5 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:00-8:00PM	6 Lap Swim 8AM-12PM
7 Lap Swim 8AM-12PM	8 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	9 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	*10 *Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	11 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	12 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	13 Lap Swim 8AM-12PM
14 Lap Swim 8AM-12PM	15 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	16 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	17 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	18 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	19 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	20 Lap Swim 8AM-12PM
21 Lap Swim 8AM-12PM	22 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	23 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	24 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	25 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	26 Lap Swim 6AM-9AM 11:30AM-1:00PM 5:30-8:30PM	27 Lap Swim 8AM-12PM
28 Lap Swim 8AM-12PM						

notes:

ALL SCHEDULES SUBJECT TO CHANGE. PLEASE CHECK THE CALENDAR DAILY! YOU MUST BE 13 AND OLDER TO LAP SWIM.

*RC SWIM BEGINS FEB. 10 - MAY 1 FROM 3:30 - 5:30PM.

LOOKING FOR AN ORGANIZED SWIM WORKOUT WITH A COACH? SIGN UP FOR THE ADULT SWIM FITNESS LEAGUE!

Drop in Water Polo has changed! Monthly registration is now required. See the front desk for more information!

FOR MORE INFORMATION VISIT www.westsacfun.org!

Accepting Lifeguard Applications in February 2010. Not certified? Sign up for a class at the front desk!