

ARE YOU PREPARED?

Heart Saver CPR/ AED

**Thursday, December 15
4:30 PM to 7:30 PM**

1075 West Capitol Avenue

The program teaches students critical skills and knowledge needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. Content includes how to perform CPR and use an AED, and adult, child, and infant choking.

\$60 Materials Included

**For more information call
(916) 617-4620**

RESERVE YOUR SPOT TODAY

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