

# Rock Wall, Wii & Table Tennis Schedule August 2010



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	3 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	4 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	5 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	6 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	7 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 10:30AM - 2PM
8	9 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	10 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	11 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	12 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	13 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	14 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 10:30AM - 2PM
15	16 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	17 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	18 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	19 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	20 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	21 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 10:30AM - 2PM
22	23 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	24 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	25 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	26 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	27 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	28 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 10:30AM - 2PM
29	30 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM	31 <b>Rock Wall</b> Staff assist climbing <b>Wii &amp; Table Tennis</b> 4:30 - 8:30PM				

## notes:

All participants must sign-in next to the wall and wait their turn to climb.

All participants will be checked out rock wall shoes and a harness for climbing.

Staff will belay climbers during Rock Wall hours.

Individuals with climbing experience and personal equipment can pass a 4 time safety check to get a belay card for climbing outside of rock wall hours. Safety checks can be done during rock wall hours or by appointment

only! For more info or to make an appointment call 617-4640 or e-mail [recreation@cityofwestsacramento.org](mailto:recreation@cityofwestsacramento.org).

ALL SCHEDULED ACTIVITIES SUBJECT TO CHANGE