



Rock Wall Schedule - March 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Rock Wall Staff assist climbing 4:30 - 8:30PM	2 Rock Wall Staff assist climbing 4:30 - 8:30PM	3 Rock Wall Staff assist climbing 4:30 - 8:30PM	4 Rock Wall Staff assist climbing 4:30 - 8:30PM	5 Rock Wall Staff assist climbing 4:30 - 8:30PM	6 Rock Wall Staff assist climbing 10:30AM - 4PM
7	8 Rock Wall Staff assist climbing 4:30 - 8:30PM	9 Rock Wall Staff assist climbing 4:30 - 8:30PM	10 Rock Wall Staff assist climbing 4:30 - 8:30PM	11 Rock Wall Staff assist climbing 4:30 - 8:30PM	12 Rock Wall Staff assist climbing 4:30 - 8:30PM	13 Rock Wall Staff assist climbing 10:30AM - 4PM
14	15 Rock Wall Staff assist climbing 4:30 - 8:30PM	16 Rock Wall Staff assist climbing 4:30 - 8:30PM	17 Rock Wall Staff assist climbing 4:30 - 8:30PM	18 Rock Wall Staff assist climbing 4:30 - 8:30PM	19 Rock Wall Staff assist climbing 4:30 - 8:30PM	20 Rock Wall Staff assist climbing 10:30AM - 4PM
21	22 Rock Wall Staff assist climbing 4:30 - 8:30PM	23 Rock Wall Staff assist climbing 4:30 - 8:30PM	24 Rock Wall Staff assist climbing 4:30 - 8:30PM	25 Rock Wall Staff assist climbing 4:30 - 8:30PM	26 Rock Wall Staff assist climbing 4:30 - 8:30PM	27 Rock Wall Staff assist climbing 10:30AM - 4PM
28	29	30	31			

notes:

All participants must sign-in next to the wall and wait their turn to climb.

All participants will check out rock wall shoes and a harness for climbing.

Staff will belay climbers during Rock Wall hours.

Individuals with climbing experience and personal equipment can pass a 4 time safety check to get a belay card for climbing outside of rock wall hours. Safety checks can be done during rock wall hours or by appointment only! For more info or to make an appointment call 617-4640 or e-mail recreation@cityofwestsacramento.org.

ALL SCHEDULED ACTIVITIES SUBJECT TO CHANGE