



Intro to Martial Arts

Learn the basic self defense skills while building confidence and learning discipline. We provide a fun learning environment where students develop skills to face challenges in life. No equipment necessary. Class taught by Chuck and Cheryl Saxton.

Age 6 - 17yrs.
Day Tuesdays
Date Monthly Class (no class in April & August)
Time 6:00 - 7:00pm
Location Community Center, 1075 West Capitol Ave.
Fee \$35
Registration Open now!

Aiki Jujitsu

*Formally known as Martial Arts & Self Defense

Combining the ancient art styles of Karate and Aiki Jujitsu, students will learn self control while building confidence in their abilities. We provide a fun environment while learning how to properly defend yourself. This is a great family activity! Ongoing classes from white belt to black belt. No equipment necessary. Class taught by Chuck and Cheryl Saxton.

Age 12+
Day Tuesdays
Date Monthly Class (no class in April & August)
Time 7:00 - 8:00pm
Location Community Center, 1075 West Capitol Ave.
Fee \$35
Registration Open now!