The Giants Community Fund welcomes you to the Junior Giants! Junior Giants, the flagship program of the Giants Community Fund, is a free, non-competitive, co-ed baseball program that serves over 17,000 kids.

More than just teaching baseball fundamentals on the field, Junior Giants teaches Character Development, Education, Health and Violence Prevention.

Character Development
- The Four Bases of Character Development
  - CONFIDENCE
  - INTEGRITY
  - LEADERSHIP
  - TEAMWORK
- Take Me Out to the Ball Game Cards
- Junior Giants Willie Mac Award

Education
- Round the Bases Reading Program
- Harmon & Sue Burns Scholars

Health
- Nutrition Lineup Magnet
- Buster Posey Health Poster
- Grand Slam Groceries Coupon Book

Violence Prevention
- Peace Pledge
- Imagine Peace Contest

JRGIANTS.ORG
Dear Parents,

The Giants Community Fund is thrilled to have you and your family participating in the Junior Giants!

Last year, over 17,000 players across California, Nevada and Oregon participated in the Junior Giants program. Throughout this upcoming season, we will work with commissioners, league organizers, coaches and parents to promote the Junior Giants Four Bases of Character Development: Confidence, Integrity, Leadership and Teamwork, amongst our players.

We consider you a member of our team and, indeed, someone who plays a critical role in our mission of service to the community. This is where we ask for your support by reading with your child, giving them healthy snacks and meals and teaching them the importance of upholding the Junior Giants Peace Pledge and caring for their community while playing baseball.

Junior Giants emphasizes working together and learning from each other, not wins and losses. We are pleased to continue our partnership with Positive Coaching Alliance, who believes that youth sports should be fun, enjoyable and educational, with the mission of transforming youth sports so sports can transform youth. In order to do so, we ask for your help in maintaining a positive and non-competitive atmosphere, without keeping score during the games.

Please be sure to read the Parent Pledge in the Handbook and watch the inserted DVD as a family. In the handbook there are some dates that will help you and your Junior Giants player stay on track with all the programs offered this season. Thank you for your time and effort in making the Junior Giants successful in all areas!

Let’s play ball!

The Giants Community Fund
OFFICIAL LINEUP

CHARACTER DEVELOPMENT
2 Four Bases of Character Development
4 Take Me Out to the Ball Game Cards
5 Junior Giants Willie Mac Award

EDUCATION
6 Round the Bases Reading Program
7 Harmon & Sue Burns Scholars

HEALTH
8 Be a Healthy Junior Giant

VIOLENC PREVENTION
10 Peace Pledge
11 Imagine Peace Contest

INFORMATION
12 Parent Information
13 Giants Community Fund

Junior Giants is a free, non-competitive and co-ed baseball program.

Junior Giants wants to help you lead, succeed and have fun! Anyone can play!

Junior Giants reaches over 17,000 youth across California, Nevada and Oregon.

Junior Giants offers scholarships, equipment, uniforms and coaches training.
**4 BASES OF CHARACTER DEVELOPMENT**

**LEADERSHIP**
- Think of what is best for the team.
- Treat others as you want to be treated.
- Recognize the efforts of your teammates.
- Lead by example.

**TEAMWORK**
- When we work together, we achieve more.
- Never let the game come between you and your friends.
- Tell your teammates what they are doing well.
- Recognize that everyone has an important role on the team.
INTEGRITY

- Treat family, friends and teammates with respect.
- Make the right choices, even if they are tough ones.
- Be honest with yourself.
- Stand up for what you think is right, even when others take a different path.

CONFIDENCE

- Focus on giving 100%. Never give up!
- Don’t let the fear of mistakes stop you. Learn from them.
- Have faith in yourself, your abilities and your team, both on and off the field.
- Ask questions! Questions are a great way to get information you need to be successful.

YOU CAN’T SCORE UNLESS YOU TOUCH ALL THE BASES!
TAKE ME OUT TO THE BALL GAME!

COLLECT ALL 9 CARDS!

Do you represent what Junior Giants is all about? Throughout the season you will have the chance to collect all 9 Take Me Out to the Ball Game Baseball Cards. Once you’ve collected all the cards you may have the opportunity to attend Junior Giants Day or Night at AT&T Park!

How do you earn the cards?

Your coach will pass out cards to those players who display one of the Four Bases of Character Development or participate in the Education, Health or Violence Prevention programs.

Once you’ve earned the first 8 cards you will receive the last reward card! (Reward cards are to be redeemed with your coach or League Commissioner.)

You can earn the following baseball cards:

1. Starter Card with Checklist
2. Education
3. Confidence
4. Health
5. Integrity
6. Leadership
7. Violence Prevention
8. Teamwork
9. Reward Card
Named in honor of San Francisco Giants Hall of Famer Willie McCovey, this award is the Junior Giants version of the annual award given to a Giants player by his teammates each year. The Junior Giants Willie Mac Award will go to one outstanding Junior Giants player and coach that best represents their league, as chosen by their League Commissioner.

A Junior Giants Willie Mac recipient exemplifies **Confidence, Integrity, Leadership and Teamwork**, on and off the field. Junior Giants Willie Mac Award winners are recognized during a home plate ceremony at AT&T Park on either Junior Giants Day or Coaches Recognition Day. All award winners, and their families, are invited to a special luncheon after the season’s end.

All applications are due to the Giants Community Fund by July 15!
ROUND THE BASES READING PROGRAM

Make your way to home plate and see how much you can read this summer!

The Giants Community Fund is proud to offer a summer reading program for all Junior Giants players. Simply use the inserted scorecard and start along the path toward first base.

Reading Levels & Prizes
FIRST BASE Read this handbook! Receive a Giants ruler.
SECOND BASE Read for 240 minutes. Receive a Giants folder.
THIRD BASE Read for 480 minutes. Receive a Giants notebook.
HOME RUN! Read for 720 minutes. Receive a Giants binder!

If your ENTIRE TEAM reaches this level, you are eligible to play at AT&T Park during the Junior Giants Festival!

Giants Favorite Childhood Books
Matt Cain
The Lion, the Witch and the Wardrobe, C. S. Lewis
Where the Red Fern Grows, Wilson Rawls

Nate Schierholtz
The Very Hungry Caterpillar, Eric Carle

Jeremy Affeldt’s Family
Go, Dog. Go!, P.D. Eastman
The Monster at the End of This Book, Jon Stone

Bruce Bochy’s Family
Good Night Moon, Margaret Wise Brown

Freddy Sanchez’s Family
Swing, Rulus Butler Seder

Javier Lopez, Pitcher
Entering 8th Grade?

If so, you’re eligible to apply for the Harmon & Sue Burns Scholarship!

Each year, 10 Harmon & Sue Burns Scholars are selected to receive special support during high school and a $2,500 scholarship after graduation.

You don’t have to be an A+ student to be a Harmon & Sue Burns Scholar. Scholars are selected on the basis of leadership, character, academic potential and Junior Giants involvement.

The Harmon & Sue Burns Scholars are honored at an on-field ceremony at AT&T Park.

Ask your coach or Commissioner how to apply to be a Harmon & Sue Burns Scholar this year!

SAVE THE DATE!
Education Day at AT&T Park will be on August 7th.
If you are selected to become a scholar, you will be invited to attend a pre-game home plate ceremony and receive a personalized jersey once you’re accepted into college!

Entries must be received by July 22!

The Harmon and Sue Burns Scholars program is named in honor of the late Giants owners Harmon and Sue Burns. Both Harmon and Sue were generous supporters of the Giants Community Fund and Sue was a highly dedicated member of the Education Committee.
BE A HEALTHY JUNIOR GIANT!

SNACK SMART!

Snacking on nutritious foods will keep your energy level high and your mind alert! During the baseball season, it’s even more important to eat healthy foods that give you the fuel you need to keep going. Check out the list below for some healthy snack ideas.

HEALTHY SNACKS
- Fresh fruit: Bananas, orange slices, grapes & apple wedges
- Pretzels
- Applesauce • Crackers • Trail Mix
- String Cheese • Yogurt • Granola Bars

★ EAT LIKE AN ALL STAR! ★

Use your SAFEWAY® Grand Slam Groceries Coupon Book for some free healthy snacks!

MY NUTRITION LINEUP MAGNET
Track your progress on the inserted magnet! See how many fruits & veggies you can eat each day. Don’t forget to record your physical activity too! Visit mypyramid.gov to learn more.

Remember to put your BUSTER POSEY POSTER up in your room and learn some fun health tips!
**5 A DAY!**
It’s important for you to get at least five servings of fruits and vegetables a day.

**TIME TO PLAY!**
Everyone needs physical activity to stay fit. Set a goal of 30 minutes of physical activity a day! Try riding your bike to school, walking to practice or taking the stairs.

**SODA-FREE SUMMER!**
Challenge yourself to keep your body hydrated and not drink soda this summer! Aim to drink at least five glasses of water every day - especially before, during and after practice.

**PROTECT YOURSELF!**
Stay safe and healthy! Always remember to fasten your seatbelt, apply sunscreen, wear your helmet, wash your hands and brush your teeth. Keep a nice, clean smile by brushing twice a day with fluoride toothpaste.
PEACE PLEDGE

Junior Giants
IMAGINE PEACE

I AM A JUNIOR GIANT.

I Pledge to Strike Out Violence by...

- Preventing bullying
- Respecting my teammates, coaches, family and friends
- Giving up put-downs
- Standing up for what is right
- Noticing the hurts I have caused and righting wrongs
- Praising people and helping others
- Showing my friends that a violence-free life is more fun

C ommit to striking out violence in your community this summer by signing the inserted Peace Pledge! Peace starts within you. Join together with all Junior Giants and show that leading a violence-free and peaceful life is more fun.

I will build peace on the field, at home, at school and in my community each day.

Sign the Peace Pledge and receive a cool “Strike Out Violence” wristband!
IMAGINE PEACE CONTEST

The Imagine Peace Contest is an opportunity for you to artistically express what you think your community would be like if it were free of violence.

This year's Imagine Peace Contest theme is ANTI-BULLYING.

Imagine a world that was free of bullying. What would that look like to you? Submit your work for a chance to be recognized during a pre-game ceremony at AT&T Park on September 3rd!

CONTEST AGE GROUPS & CATEGORIES

5-7 Years Old & 8-10 Years Old:
Create a drawing, painting or other artwork with your Violence Prevention message. Artwork should not be larger than 11x17.

11-13 Years Old & 14-18 Years Old:
Create artwork, a short essay, poem or song with your violence prevention message. Written entries should be no longer than two pages, double-spaced.

Please include:
Full name
Address
Phone Number
Age Group
Name of Junior Giants Commissioner
Parent/Guardian’s Name and E-mail Address

Submit your entry to:
Giants Community Fund
ATTN: Junior Giants Imagine Peace Contest
24 Willie Mays Plaza
San Francisco, CA 94107

Entries must be received to our offices by August 19th

What is bullying?
Bullying is when one person or a group of people scare or hurt someone else over and over again. Bullying is often done on purpose and it can happen anywhere, such as at school, in the park, on a sports team, or even at home. There are many types of bullying. Bullying can be:

- Leaving someone out of group activities on purpose.
- Giving someone the "silent treatment."
- Cyberbullying – Using the Internet, IMs, text messages, and/or e-mail to hurt others.
- Making fun of someone for being "different."
- Name-calling, teasing, gossiping, and/or spreading rumors.
- Threatening and scaring others.
- Hitting, punching, and shoving.

What can I do if I see someone being bullied?
Although you may not be directly involved in the bullying, there may be times when you see others being bullied. And even though it may be easier to stand by and watch, here’s how you can make a difference:

1. Stand up for the victim.
2. Don’t join in on bullying.
3. Stop the rumors.
4. Tell an adult.
Important Dates

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Willie Mac Award Application Deadline</td>
<td>July 15</td>
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<tr>
<td>Harmon &amp; Sue Burns Scholars Entry Deadline</td>
<td>July 22</td>
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<tr>
<td>Round the Bases Reading Scorecard Deadline</td>
<td>August 1</td>
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<tr>
<td>Education Day</td>
<td>August 7</td>
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<tr>
<td>Imagine Peace Contest Deadline</td>
<td>August 19</td>
</tr>
<tr>
<td>Coaches Recognition Day</td>
<td>August 27</td>
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<tr>
<td>Imagine Peace Contest Pre-Game Ceremony</td>
<td>September 3</td>
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Respect Your **ROOTS:**

**R U L E S**
Refuse to bend the rules to win

**O P P O N E N T S**
A worthy opponent brings out our best

**O F F I C I A L S**
Respect them even when we disagree

**T E A M M A T E S**
Support your teammates in words and actions

**S E L F**
Uphold your own standards regardless of what others do

**Junior Giants Parent Pledge**

1. I pledge to support the Junior Giants programs in Education, Health and Violence Prevention.
2. I pledge to practice the Junior Giants Four Bases of Character Development (Confidence, Integrity, Leadership and Teamwork) with my child at home and on the field.
3. I pledge to get my child to practices and games on time.
4. I pledge to use positive encouragement to fill my child’s Emotional Tank, so they can have fun, learn and play their best.
5. I pledge to “Honor the Game.”
6. I pledge to refrain from yelling out instructions to my child.
7. I pledge to refrain from making negative comments about umpires or coaches.

“I will honor the Junior Giants Parent Pledge in my words and actions!”
The Giants Community Fund is a public charity with a tie to the great game of baseball, a sport that convenes people of all ages and from all walks of life. We are honored to have played an active role in our community by providing programs for youth since 1991. We work year-round to ensure that underserved populations are reached with important initiatives in Education, Health and Violence Prevention.

Mission Statement
The Giants Community Fund collaborates with the San Francisco Giants by using baseball as a forum to encourage underserved youth and their families to live healthy, productive lives. The Fund supports Junior Giants leagues throughout Northern California, Nevada and Oregon and provides assistance to targeted community initiatives in the areas of Education, Health and Violence Prevention.

THREE CHEERS FOR
Bank of America

We are grateful to Bank of America for stepping up to the plate as the Presenting Sponsor of the Junior Giants program. Bank of America’s partnership allows the Junior Giants program to continue to reach underserved youth across three states. We look forward to our partnership for years to come!

A Giant Thank You!
On behalf of the Giants Community Fund, we would like to extend a GIANT THANK YOU to all those who make this program possible. Each year, over 2,000 coaches and volunteers and hundreds of donors combine their efforts to bring a special brand of baseball to over 17,000 young people. We would like to express our heartfelt thanks to:

- Academy of Art University
- Bank of America
- Burr, Pilger & Mayer
- California Police Activities League
- Fresno Grizzlies
- Get Up and Go Baseball
- Good Tidings Foundation
- KNBR, NBC Bay Area, CSN Bay Area
- Masons of California
- Norman S. Wright Mechanical Equipment Corporation
- PG&E
- Positive Coaching Alliance
- Robert A. Bothman, Inc
- Safeway
- San Jose Giants
- Team-Up for Youth
- TransPerfect
- UPS
- United Airlines
- Wender Weiss Foundation for Children
- ... and to all coaches, parents and volunteers!