RECREATION CENTER
GROUP EXERCISE RULES

- Face coverings are required to be worn by staff, contractors and patrons while inside the facility. This includes during exercise.
- Group exercise patrons must check in at the Recreation Center Front Desk Entrance.
- Space in a class must be reserved prior to arrival. Visit westsacfun.org to reserve a space.
- Promptly exit the exercise area once the class time has expired.
- Participants must remain in assigned station.
- No sharing of fitness equipment.
- Participants will be asked to clean equipment they used with a cleaning wipe at the end of class.
- Practice social distancing. Please maintain a minimum distance of 6 feet from other Pass Holders whenever possible.
- Front Lobby Restrooms are available for use.
- Drinking fountains may be used to fill water bottles ONLY.
- Please do not come to the Recreation Center if you are experiencing a fever or COVID-19 symptoms.